

VISION STATEMENT WORKSHEET

- Look years into the future.
- Make sure to maintain a balance of physical, mental, social, and spiritual health.
- Describe with clarity your desired "destination".
- Be concise and simple so it will be easy to review. (Possibly even memorize)

What do you want for yourself physically?

What do you want for yourself mentally?

What do you want for yourself socially?

What do you want for yourself spiritually?

What can you realistically achieve?

Where are you going?

- Review your vision frequently (daily) and revise it as circumstances require.
- Display it where it can be easily reviewed.

MY PERSONAL VISION

